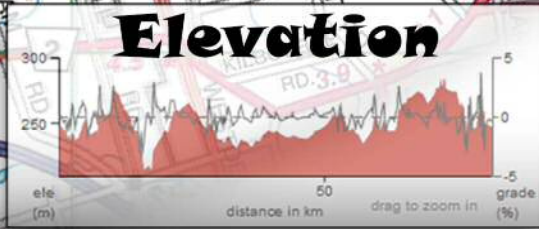
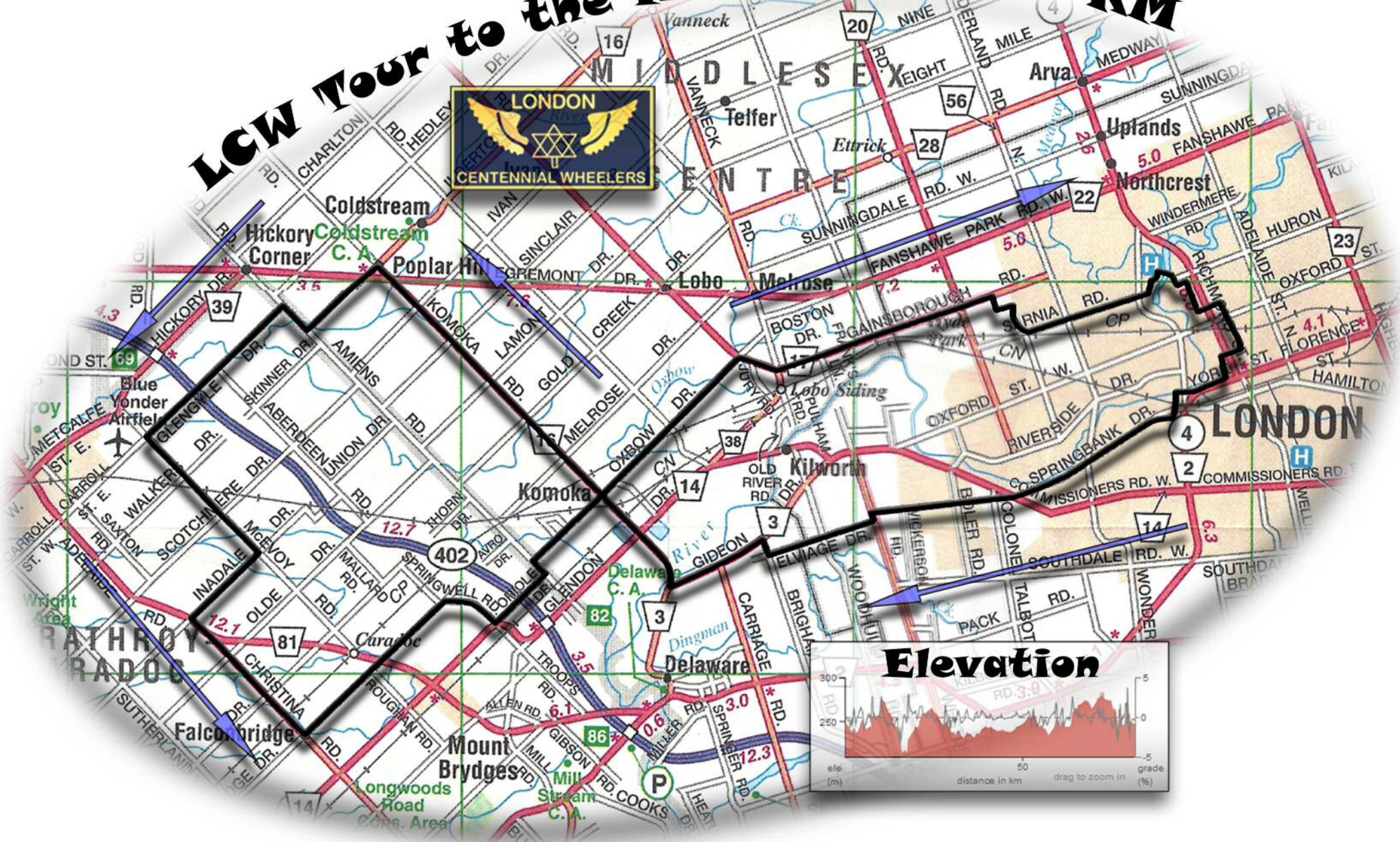


LCW Tour to the Mercantile - 80 KM



LCW Tour to the Mercantile Cue Sheet - 80 KM

Estimated Time at 35 KPH	At # KMs	Type of Turn	Notes	For # KMs	Elev. Chg. In Metres	Estimated Time at 30 KPH	Estimated Time at 25 KPH
8:00 AM	0.0		Start at Centennial Hall at 550 Wellington St, London (East of Victoria Park)		(Start at 247)	8:00 AM	8:00 AM
8:00 AM	0.3	Right(→)	Turn right onto Queens Ave W	1.2	(0)	8:00 AM	8:00 AM
8:02 AM	1.5	Straight(↑)	Continue onto Riverside Dr	0.3	(9)	8:03 AM	8:03 AM
8:03 AM	1.8	Left(←)	Turn left onto Wharnccliffe Rd S	0.7	2	8:03 AM	8:04 AM
8:04 AM	2.5	Right(→)	Turn right onto Horton St	0.7	2	8:04 AM	8:05 AM
8:05 AM	3.2	Straight(↑)	Continue straight onto Springbank Dr	4.4	(6)	8:06 AM	8:07 AM
8:13 AM	7.6	Straight(↑)	Continue onto Byron Baseline Rd	3.5	19	8:15 AM	8:18 AM
8:19 AM	11.1	Left(←)	Turn left onto Westdel Bourne	0.2	16	8:22 AM	8:26 AM
8:19 AM	11.3	Right(→)	Turn right onto Elviage Dr	2.9	(2)	8:22 AM	8:27 AM
8:24 AM	14.2	Right(→)	Turn right onto Brigham Rd	0.4	(25)	8:28 AM	8:34 AM
8:25 AM	14.6	Left(←)	Turn left onto Gideon Dr/County Road 3	2.6	-	8:29 AM	8:35 AM
8:29 AM	17.2	Right(→)	Turn right onto Komoka Rd/County Road 16	10.8	(31)	8:34 AM	8:41 AM
8:48 AM	28.0	Straight(↑)	Continue onto Poplar Hill Rd	0.4	31	8:56 AM	9:07 AM
8:48 AM	28.5	Left(←)	Turn left onto Ilderton Rd	2.4	5	8:56 AM	9:08 AM
8:52 AM	30.9	Right(→)	Turn right onto Amiens Rd	0.9	(13)	9:01 AM	9:14 AM
8:54 AM	31.8	Left(←)	Turn left onto Glengyle Dr	4.9	4	9:03 AM	9:16 AM
9:02 AM	36.7	Left(←)	Turn left onto McEvoy Rd	4.1	(6)	9:13 AM	9:28 AM
9:09 AM	40.8	Right(→)	Turn right onto Inadale Dr	2.6	11	9:21 AM	9:37 AM
9:14 AM	43.4	Left(←)	Turn left onto Adelaide Rd/Middlesex 81	0.7	(5)	9:26 AM	9:44 AM
9:15 AM	44.0	Right(→)	Turn right onto Christina Rd	3.5	1	9:28 AM	9:45 AM
10:06 AM	47.5	Left(←)	Turn left onto Falconbridge Dr	5.0	0	10:20 AM	10:39 AM
10:15 AM	52.6	Right(→)	Turn right onto Springwell Rd	1.5	10	10:30 AM	10:51 AM
10:17 AM	54.0	Left(←)	Turn left onto Oriole Dr	1.8	(1)	10:33 AM	10:54 AM
10:20 AM	55.8	Left(←)	Turn left onto Amiens Rd	0.4	(7)	10:36 AM	10:59 AM
10:21 AM	56.3	Right(→)	Turn right onto Oxbow Dr	7.4	0	10:37 AM	11:00 AM
10:34 AM	63.7	Right(→)	Turn right onto Nairn Rd/County Rd 17	3.5	18	10:52 AM	11:17 AM
10:40 AM	67.2	Straight(↑)	Continue onto Gainsborough Rd	3.3	13	10:59 AM	11:26 AM
10:45 AM	70.5	Right(→)	Turn right onto Coronation Dr	0.4	6	11:05 AM	11:34 AM
10:46 AM	70.9	Straight(↑)	At the roundabout, take the 3rd exit onto Brunswick Ave	0.5	(1)	11:06 AM	11:35 AM
10:47 AM	71.4	Right(→)	Turn right onto Aldersbrook Rd	1.2	6	11:07 AM	11:36 AM
10:49 AM	72.5	Left(←)	Turn left onto Sarnia Rd	2.7	(9)	11:10 AM	11:39 AM
10:54 AM	75.3	Straight(↑)	Continue onto Philip Aziz Ave	0.3	(23)	11:15 AM	11:45 AM
10:54 AM	75.5	Straight(↑)	Continue onto Huron Dr	0.4	(8)	11:16 AM	11:46 AM
10:55 AM	75.9	Right(→)	Turn right onto Lambton Dr	0.3	7	11:16 AM	11:47 AM
10:55 AM	76.2	Right(→)	Turn right onto University Dr	0.3	2	11:17 AM	11:47 AM
10:56 AM	76.5	Right(→)	Sharp right to stay on University Dr	0.1	(10)	11:18 AM	11:48 AM
10:56 AM	76.6	Right(→)	Turn right onto Sunset Dr	0.3	(0)	11:18 AM	11:48 AM
10:56 AM	76.9	Left(←)	Turn left onto Huron St	0.3	2	11:18 AM	11:49 AM
10:57 AM	77.2	Right(→)	Turn right onto St George St	0.9	1	11:19 AM	11:50 AM
10:58 AM	78.0	Left(←)	Slight left to stay on St George St	-	(2)	11:21 AM	11:52 AM
10:58 AM	78.0	Left(←)	Turn left onto Grosvenor St	0.6	0	11:21 AM	11:52 AM
10:59 AM	78.7	Right(→)	Turn right onto Waterloo St	1.1	13	11:22 AM	11:53 AM
11:01 AM	79.8	Right(→)	Turn right onto Central Ave	0.2	(9)	11:24 AM	11:56 AM
11:02 AM	80.0	Left(←)	Turn left onto Wellington St	-	(1)	11:25 AM	11:57 AM
11:02 AM	80.2	End	End of route (Finish at Centennial Hall)	-	-	11:25 AM	11:57 AM