

# LCW Tour to Embro - 111 KM



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Summary: 111.2 Kilometres - 4 Hours, 35 Minutes (at 29.0 KPH Average)

Time	# KMs	Notes	For	Direction		Elevation
<b>8:15 AM</b>	<b>0.0</b>	<b>Start at Centennial Hall in downtown London. Head Right (North) on Wellington St.</b>		NNW	339°	262m
8:16 AM	0.5	Turn right (East) on Pall Mall St.	0.5	ENE	65°	250m
8:16 AM	0.8	Turn left (North) on Waterloo St.	0.2	NNW	347°	250m
8:19 AM	2.4	Turn right (East) on Regent St.	1.6	E	68°	259m
8:21 AM	3.1	Turn left (North) on William St.	0.7	NNW	343°	252m
8:21 AM	3.3	Turn right (East) on Huron St.	0.2	E	68°	248m
8:22 AM	3.5	Turn left (North) on Adelaide St. N.	0.3	NNW	339°	247m
8:39 AM	11.9	Turn right (East) on 9 Mile Rd.	8.4	E	68°	287m
8:54 AM	19.2	Turn left (North) on Prospect Hill Rd.	7.3	NNW	342°	294m
9:03 AM	23.4	Turn right (East) on Plover Mills Rd.	4.2	NE	34°	306m
9:06 AM	24.9	(In Plover Mills) Continue East on Plover Mills Rd.	1.4	ENE	66°	305m
9:17 AM	30.3	(In Belton) Veer right (East) to continue on Plover Mills Rd.	5.4	E	68°	328m
9:23 AM	33.2	Turn left (North) on Cobble Hills Rd.	2.9	NNW	342°	338m
9:30 AM	36.3	Turn right (East) on Oxford Rd. 28 (96th Rd.)	3.1	E	68°	330m
9:38 AM	40.5	(In Uniondale) Continue East on Oxford Rd. 28	4.2	ENE	67°	347m
9:52 AM	46.9	(In Harrington) Continue East on Oxford Rd. 28	6.4	E	68°	337m
10:07 AM	54.2	(In Brooksdale) Continue South on Oxford Rd. 6	7.3	S	160°	351m
10:13 AM	57.3	(In Youngsville) Continue South on Oxford Rd. 6	3.1	S	160°	335m
<b>10:24 AM</b>	<b>62.4</b>	<b>(In Embro (Harrington West)) Stop at the restaurant in Embro for 45 minutes, then continue by heading South on Oxford Rd. 6 (Huron St.)</b>	5.1	S	160°	314m
11:11 AM	63.4	Turn right (West) on 78th Rd.	1.0	W	251°	316m
11:19 AM	67.6	Turn left (South) on 31st Line	4.2	S	160°	328m
11:32 AM	73.8	(In Rayside) Continue South on 31st Line	6.2	S	158°	310m
11:43 AM	79.2	(In Ingersoll) Turn right (West) on Victoria St.	5.4	SW	224°	274m
12:10 PM	92.1	Turn left (South) on Elgin Rd.	12.9	S	159°	268m
12:10 PM	92.1	Turn right (West) on Catherine St.	0.1	W	258°	266m
12:16 PM	94.8	(In Dorchester) Continue West on Catherine St.	2.6	W	254°	262m
12:28 PM	100.9	(In London) Continue West on River Rd.	6.2	WNW	272°	245m
12:33 PM	103.2	Turn left (West) on Gore Rd.	2.2	W	249°	259m
12:37 PM	105.1	Turn right (West) on Hamilton Rd.	1.9	WNW	281°	261m
12:46 PM	109.4	Veer left (West) on Horton St. E.	4.4	W	249°	250m
12:48 PM	110.2	Turn right (North) on Wellington St.	0.8	NNW	339°	249m
<b>12:50 PM</b>	<b>111.2</b>	<b>(In London) End at Centennial Hall</b>	1.0	NNW	339°	265m