

LCW Tour to Arkona - 135 KM

Summary: 135.3 Kilometres - 5 Hours, 24 Minutes (at 29.0 KPH Average)

Time	# KMs	Notes	For	Direction		Elevation
8:15 AM	0.0	Start at Centennial Hall in downtown London. Head Right (North) on Wellington St.		NNW	340°	256m
8:16 AM	0.5	Turn left (West) on Pall Mall St.	0.5	W	249°	250m
8:16 AM	0.7	Turn right (North) on Richmond St.	0.2	NNW	347°	252m
8:17 AM	1.1	Turn left (West) on Oxford St. e>	0.4	WSW	245°	249m
8:18 AM	1.8	Turn right (North) on Gunn St.	0.8	NNW	338°	239m
8:19 AM	2.2	Turn left (West) on Beaufort St.	0.4	W	260°	240m
8:20 AM	2.5	Turn right (North) on Wharncliffe Rd. N.	0.3	NNW	343°	241m
8:20 AM	2.5	Continue left (West) on Western Rd.	0.1	W	265°	244m
8:22 AM	3.8	Turn left (West) on Sarnia Rd.	1.3	W	255°	249m
8:24 AM	4.8	Turn right (North) on Sleightholme Ave.	1.0	NNW	340°	272m
8:25 AM	4.9	Turn left (West) on Wychwood Park	0.1	W	249°	269m
8:28 AM	6.4	Turn right (Northwest) on Annadale Dr.	1.4	NW	300°	272m
8:28 AM	6.7	Turn right (North) on Wonderland Rd. N.	0.3	NNW	345°	269m
8:38 AM	11.2	Turn left (West) on Medway Rd.	4.5	W	250°	280m
8:53 AM	18.4	Turn right (North) on Vanneck Rd.	7.2	NNW	340°	279m
9:05 AM	24.6	Turn left (Northwest) on New Ontario Rd.	6.2	NW	315°	271m
9:29 AM	35.8	(In Ailsa Craig) Turn left (South) on Perry St.	11.2	SSW	194°	230m
9:33 AM	37.9	(In Nairn) Continue Southwest on Perry St.	2.1	SW	225°	229m
9:55 AM	48.7	Turn right (West) on Centre Rd. (Hwy #81)	10.8	NNW	318°	233m
10:06 AM	53.7	Turn left (West) on Townsend Line	4.9	SW	225°	224m
10:30 AM	65.7	(In Arkona) Stop at the Restaurant in Arkona for 45 minutes, then continue back East on Townsend Line	12.1	ESE	103°	230m
11:31 AM	73.3	Turn right (South) on Keyser Rd.	7.6	S	180°	234m
11:32 AM	73.5	Turn right (South) on Kerwood Rd.	0.3	SW	207°	223m
11:55 AM	84.7	Turn left (East) on Napperton Dr.	11.2	ESE	90°	236m
12:15 PM	94.6	(In Strathroy) Turn left (Northeast) on Metcalfe St. W.	9.9	ENE	45°	230m
12:21 PM	97.6	Turn right (South) on McEvoy Rd.	3.0	SE	134°	236m
12:24 PM	98.7	Turn left (Northeast) on Glengyle Dr.	1.1	ENE	45°	233m
12:34 PM	103.6	Turn right (Southeast) on Amiens Rd.	4.9	SSE	135°	243m
12:53 PM	112.7	Turn left (Northeast) on Oxbox Dr.	9.1	ENE	45°	242m
12:58 PM	115.1	(In Komoka) Turn right (Southeast) on Komoka Rd.	2.5	SSE	135°	243m
1:04 PM	118.2	Turn left (East) on Gideon Dr.	3.0	ENE	60°	215m
1:09 PM	120.8	Turn right (South) on Brigham Rd.	2.6	S	161°	253m
1:10 PM	121.2	Turn left (East) on Elviage Dr.	0.4	E	73°	252m
1:16 PM	124.1	(In London) Turn left (North) on Westdel Bourne	2.9	NNW	342°	267m
1:17 PM	124.3	Turn right (East) on Byron Baseline Rd.	0.2	E	81°	271m
1:24 PM	127.8	Continue East on Springbank Dr.	3.5	ENE	53°	270m
1:39 PM	135.3	End at Centennial Hall	7.5	NNW	339°	256m