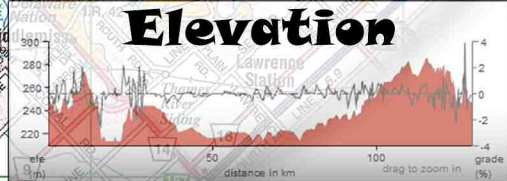


LCW Tour to Glencoe - 129 KM Long | 84 KM Mt. Brydges Short



Elevation



LCW Tour to Glencoe Cue Sheet - 129 KM

Estimated Time at 35 KPH	At # KMs	Type of Turn	Notes	For # KMs	Elev. Chg. In Metres	Estimated Time at 30 KPH	Estimated Time at 25 KPH
8:15 AM	0.0		Start at Centennial Hall at 550 Wellington St, London (East of Victoria Park)		(Start at 247)	8:15 AM	8:15 AM
8:15 AM	0.3	Right(→)	Turn right onto Queens Ave W	1.2	(0)	8:15 AM	8:15 AM
8:17 AM	1.5	Straight(↑)	Continue onto Riverside Dr	0.3	(9)	8:18 AM	8:18 AM
8:18 AM	1.8	Left(←)	Turn left onto Wharncliffe Rd S	0.7	2	8:18 AM	8:19 AM
8:19 AM	2.5	Right(→)	Turn right onto Horton St	0.7	2	8:19 AM	8:20 AM
8:20 AM	3.2	Straight(↑)	Continue straight onto Springbank Dr	4.4	(6)	8:21 AM	8:22 AM
8:28 AM	7.6	Straight(↑)	Continue onto Byron Baseline Rd	3.5	19	8:30 AM	8:33 AM
8:34 AM	11.1	Left(←)	Turn left onto Westdel Bourne	0.2	16	8:37 AM	8:41 AM
8:34 AM	11.3	Right(→)	Turn right onto Elviage Dr	2.9	(2)	8:37 AM	8:42 AM
8:39 AM	14.2	Right(→)	Turn right onto Brigham Rd	0.4	(25)	8:43 AM	8:49 AM
8:40 AM	14.6	Left(←)	Turn left onto Gideon Dr/County Road 3	5.8	-	8:44 AM	8:50 AM
8:49 AM	20.4	Right(→)	Turn right onto Longwoods Rd	4.1	(29)	8:55 AM	9:03 AM
8:57 AM	24.5	Right(→)	Turn right onto Mill Rd	1.6	26	9:04 AM	9:13 AM
8:59 AM	26.1	Left(←)	Turn left onto Irish Dr	3.6	2	9:07 AM	9:17 AM
9:06 AM	29.8	Right(→)	Turn right onto Christina Rd	1.4	1	9:14 AM	9:26 AM
9:08 AM	31.1	Left(←)	Turn left onto Parkhouse Dr	21.9	-	9:17 AM	9:29 AM
9:45 AM	53.1	Right(→)	Turn right onto Main St, then stop at the Restaurant	1.8	(28)	10:01 AM	10:22 AM
10:34 AM	54.9	Straight(↑)	Continue onto County Road 80	8.4	4	10:49 AM	11:11 AM
10:48 AM	63.3	Right(→)	Turn right onto Calvert Dr (signs for County Road 10/Calvert Drive)	0.8	(3)	11:06 AM	11:31 AM
10:49 AM	64.1	Right(→)	Turn right onto Calvert Dr/County Road 10	19.9	2	11:08 AM	11:33 AM
11:24 AM	84.0	Straight(↑)	Continue onto Carroll St W	2.9	8	11:48 AM	12:21 PM
11:29 AM	86.9	Straight(↑)	Continue onto Glengyle Dr	6.2	6	11:53 AM	12:28 PM
11:39 AM	93.2	Right(→)	Turn right onto Amiens Rd	0.9	7	12:06 PM	12:43 PM
11:41 AM	94.1	Left(←)	Turn left onto Ilderton Rd	9.8	(4)	12:08 PM	12:45 PM
11:58 AM	103.9	Right(→)	Turn right onto Bear Creek Rd	5.2	29	12:27 PM	1:09 PM
12:06 PM	109.0	Straight(↑)	Continue onto Vanneck Rd	0.2	15	12:38 PM	1:21 PM
12:07 PM	109.2	Left(←)	Turn left onto Medway Rd	7.2	1	12:38 PM	1:22 PM
12:19 PM	116.4	Right(→)	Turn right onto Wonderland Rd	2.7	0	12:52 PM	1:39 PM
12:24 PM	119.2	Right(→)	Slight right to stay on Wonderland Rd	2.8	(7)	12:58 PM	1:46 PM
12:29 PM	122.0	Left(←)	Turn left onto Sarnia Rd	0.9	0	1:04 PM	1:52 PM
12:30 PM	122.9	Right(→)	Keep right at the fork	1.1	(9)	1:05 PM	1:54 PM
12:32 PM	124.0	Straight(↑)	Continue onto Philip Aziz Ave	0.3	(13)	1:07 PM	1:57 PM
12:33 PM	124.3	Straight(↑)	Continue onto Huron Dr	0.4	(8)	1:08 PM	1:58 PM
12:33 PM	124.6	Right(→)	Turn right onto Lambton Dr	0.3	7	1:09 PM	1:59 PM
12:34 PM	125.0	Right(→)	Turn right onto University Dr	0.4	2	1:09 PM	1:59 PM
12:34 PM	125.3	Right(→)	Turn right onto Sunset Dr	0.2	(8)	1:10 PM	2:00 PM
12:35 PM	125.6	Left(←)	Turn left onto Huron St	0.3	1	1:11 PM	2:01 PM
12:35 PM	125.8	Right(→)	Turn right onto St George St	0.9	1	1:11 PM	2:02 PM
12:37 PM	126.7	Left(←)	Slight left to stay on St George St	-	(2)	1:13 PM	2:04 PM
12:37 PM	126.7	Left(←)	Turn left onto Grosvenor St	0.6	0	1:13 PM	2:04 PM
12:38 PM	127.3	Right(→)	Turn right onto Waterloo St	0.9	13	1:14 PM	2:05 PM
12:39 PM	128.2	Right(→)	Turn right onto Pall Mall St	0.2	(9)	1:16 PM	2:07 PM
12:40 PM	128.5	Left(←)	Turn left onto Wellington St	-	(2)	1:16 PM	2:08 PM
12:41 PM	128.9	End	End of route (Finish at Centennial Hall)	-	-	1:17 PM	2:09 PM

Glencoe Short Tour / Mt Brydges Cue Sheet - 84 KM

Estimated Time at 35 KPH	At # KMs	Type of Turn	Notes	For # KMs	Elev. Chg. In Metres	Estimated Time at 30 KPH	Estimated Time at 25 KPH
8:15 AM	0.0		Start at Centennial Hall at 550 Wellington St, London (East of Victoria Park)		(Start at 247)	8:15 AM	8:15 AM
8:15 AM	0.3	Right(→)	Turn right onto Queens Ave W	1.2	(0)	8:15 AM	8:15 AM
8:17 AM	1.5	Straight(↑)	Continue onto Riverside Dr	0.3	(9)	8:17 AM	8:18 AM
8:17 AM	1.7	Left(←)	Turn left onto Wharncliffe Rd S	0.7	2	8:18 AM	8:19 AM
8:19 AM	2.4	Right(→)	Turn right onto Horton St W	0.7	2	8:19 AM	8:20 AM
8:20 AM	3.1	Straight(↑)	Continue onto Springbank Dr	4.4	(6)	8:21 AM	8:22 AM
8:27 AM	7.5	Straight(↑)	Continue onto Byron Baseline Rd	3.5	19	8:30 AM	8:33 AM
8:33 AM	11.1	Left(←)	Turn left onto Westdel Bourne	0.2	16	8:37 AM	8:41 AM
8:34 AM	11.3	Right(→)	Turn right onto Elviage Dr	2.9	(2)	8:37 AM	8:42 AM
8:39 AM	14.1	Right(→)	Turn right onto Brigham Rd	0.4	(25)	8:43 AM	8:48 AM
8:39 AM	14.6	Left(←)	Turn left onto Gideon Dr/County Rd 3	5.8	-	8:44 AM	8:49 AM
8:49 AM	20.3	Right(→)	Turn right onto Longwoods Rd/Middlesex County Rd 2	4.1	(29)	8:55 AM	9:03 AM
8:56 AM	24.5	Right(→)	Turn right onto Mill Rd	1.6	26	9:03 AM	9:13 AM
8:59 AM	26.1	Left(←)	Turn left onto Irish Dr	3.6	2	9:07 AM	9:17 AM
9:05 AM	29.7	Right(→)	Turn right onto Christina Rd	1.4	1	9:14 AM	9:26 AM
9:08 AM	31.1	Left(←)	Turn left onto Parkhouse Dr	7.3	-	9:17 AM	9:29 AM
9:20 AM	38.4	Right(→)	Turn right onto Melbourne Rd/Middlesex County Rd 9	2.7	(17)	9:31 AM	9:47 AM
10:10 AM	41.1	Right(→)	Turn right onto Falconbridge Dr	9.7	1	10:22 AM	10:38 AM
10:27 AM	50.9	Right(→)	Turn right onto Rougham Rd	1.3	19	10:41 AM	11:02 AM
10:29 AM	52.2	Left(←)	Turn left onto Glendon Dr/County Rd 14	0.8	(1)	10:44 AM	11:05 AM
10:30 AM	53.0	Right(→)	Turn right onto Adelaide Rd/County Rd 81 (signs for County Road 81 S)	1.4	3	10:45 AM	11:07 AM
10:33 AM	54.4	Left(←)	Turn left onto Parkhouse Dr	2.1	(5)	10:48 AM	11:10 AM
10:36 AM	56.5	Left(←)	Turn left onto Troops Rd	0.6	-	10:53 AM	11:15 AM
10:37 AM	57.1	Left(←)	Turn left onto Glendon Dr/County Rd 14	0.5	-	10:54 AM	11:17 AM
10:38 AM	57.7	Right(→)	Turn right onto Springwell Rd	-	4	10:55 AM	11:18 AM
10:38 AM	57.7	Right(→)	Turn right onto Oriole Dr	1.8	0	10:55 AM	11:18 AM
10:42 AM	59.5	Left(←)	Turn left onto Amiens Rd	0.4	(7)	10:59 AM	11:22 AM
10:42 AM	60.0	Right(→)	Turn right onto Oxbow Dr	7.4	0	10:59 AM	11:23 AM
10:55 AM	67.4	Right(→)	Turn right onto Nairn Rd/County Rd 17	3.5	18	11:14 AM	11:41 AM
11:01 AM	70.9	Straight(↑)	Continue onto Gainsborough Rd	3.3	13	11:21 AM	11:50 AM
11:07 AM	74.2	Right(→)	Turn right onto Coronation Dr	0.9	6	11:28 AM	11:57 AM
11:08 AM	75.0	Right(→)	Turn right onto Aldersbrook Rd	1.2	(1)	11:30 AM	12:00 PM
11:10 AM	76.2	Left(←)	Turn left onto Sarnia Rd	2.7	(3)	11:32 AM	12:02 PM
11:15 AM	78.9	Straight(↑)	Continue straight onto Philip Aziz Ave	0.3	(24)	11:37 AM	12:09 PM
11:15 AM	79.2	Straight(↑)	Continue onto Huron Dr	0.4	(7)	11:38 AM	12:10 PM
11:16 AM	79.6	Right(→)	Turn right onto Lambton Dr	0.3	2	11:39 AM	12:11 PM
11:16 AM	79.9	Right(→)	Turn right onto University Dr	0.3	5	11:39 AM	12:11 PM
11:17 AM	80.3	Right(→)	Turn right onto Sunset Dr	0.3	(4)	11:40 AM	12:12 PM
11:18 AM	80.5	Left(←)	Turn left onto Huron St	0.3	(0)	11:41 AM	12:13 PM
11:18 AM	80.8	Right(→)	Turn right onto St George St	0.9	1	11:41 AM	12:13 PM
11:20 AM	81.7	Left(←)	Turn left onto Grosvenor St	0.6	(2)	11:43 AM	12:16 PM
11:21 AM	82.3	Right(→)	Turn right onto Waterloo St	0.9	15	11:44 AM	12:17 PM
11:22 AM	83.2	Right(→)	Turn right onto Pall Mall St	0.2	(10)	11:46 AM	12:19 PM
11:23 AM	83.4	Left(←)	Turn left onto Wellington St	-	(2)	11:46 AM	12:20 PM
11:23 AM	84.0	End	End of route (Finish at Centennial Hall)	-	-	11:47 AM	12:21 PM