



## LCW Tour to St. Marys via (near) Kirkton (needs updating)

Summary: 129.5 Kilometres - 5 Hours, 12 Minutes (at 29.0 KPH Average)

Time	# KMs	Notes	For	Direction		Elevation
<b>8:00 AM</b>	<b>0.0</b>	<b>Start from Centennial Hall in downtown London, heading North on Wellington St.</b>		NNW	339°	256m
8:00 AM	0.5	Turn left (West) on Pall Mall St.	0.5	W	249°	250m
8:01 AM	0.7	Turn right (North) on Richmond St.	0.2	NNW	339°	252m
8:02 AM	1.0	Turn left (West) on Oxford St. E.	0.4	W	248°	249m
8:03 AM	1.8	Turn right (North) on Gunn St.	0.8	NNW	338°	239m
8:04 AM	2.2	Turn left (West) on Beaufort St.	0.4	W	248°	240m
8:05 AM	2.4	Turn right (North) on Wharncliffe Rd. N.	0.3	NNW	338°	241m
8:05 AM	2.5	Veer left (North) on Western Rd.	0.1	W	265°	244m
8:07 AM	3.8	Turn left (West) on Sarnia Rd.	1.3	W	248°	249m
8:09 AM	4.8	Turn right (North) on Sleightholme Ave.	1.0	NNW	341°	271m
8:10 AM	4.9	Turn left (West) on Wychwood Park	0.1	W	249°	269m
8:13 AM	6.4	Turn right (Northwest) on Annadale Dr.	1.5	NW	295°	272m
8:13 AM	6.6	Turn right (North) on Wonderland Rd. N.	0.3	NNW	340°	269m
8:23 AM	11.1	Turn left (West) on Medway Rd.	4.5	W	249°	280m
8:38 AM	18.4	Turn right (North) on Vanneck Rd.	7.2	NNW	340°	279m
8:49 AM	24.0	(In Vanneck)	5.6	NNW	339°	272m
9:04 AM	31.0	Turn right (East) on 16 Mile Rd.	7.1	E	68°	259m
9:08 AM	33.3	(In Denfield) Turn left (North) on Denfield Rd.	2.3	NE	39°	267m
9:19 AM	38.7	Turn right (East) on William St.	5.4	E	81°	268m
9:27 AM	42.2	(In Lucan)	3.6	E	69°	303m
9:28 AM	42.8	Turn left (North) on Saintsbury Line	0.6	SSE	147°	305m
9:31 AM	44.4	Turn right (East) on Fallon Dr.	1.6	E	84°	302m
9:40 AM	48.5	Turn left (North) on Hwy #23 (Mitchell Line	4.1	NNW	351°	308m
9:53 AM	54.9	(In Whalen Corners)	6.4	NNE	6°	294m
10:09 AM	62.6	(In Kirkton) Turn right (Southeast) on Perth Line 8 (Kirkton Rd.)	7.8	SE	121°	308m
10:33 AM	74.0	(In Rannoch) Turn right (South) on Perth Road 163	11.4	S	172°	325m
10:37 AM	75.9	Turn left (East) on Perth Road 139	1.9	E	82°	329m
<b>10:43 AM</b>	<b>79.2</b>	<b>(In St. Marys) Stop for brunch at the Sunset Restaurant in St. Marys, then continue East on Queen St. W.</b>	3.3	E	82°	327m
11:39 AM	84.2	Turn right (South) on Perth Road 116	5.0	S	169°	331m
11:50 AM	89.8	(In Uniondale) Turn right (West) on Oxford Road 28 (96th Rd.)	5.6	SW	212°	347m
11:59 AM	94.0	Turn left (South) on Cobble Hills Rd.	4.2	S	159°	330m
12:05 PM	97.1	Turn right (West) on Plover Mills Rd. (92nd Rd.)	3.1	W	248°	338m
12:17 PM	102.7	(In St. Ives)	5.6	WSW	247°	318m
12:20 PM	104.1	Turn left (South) on Nissouri Rd.	1.4	S	159°	309m
12:33 PM	110.2	(In Thorndale) Turn right (West) on Thorndale Rd. (King St.)	6.2	WSW	246°	284m
12:35 PM	111.2	Turn left (South) on Rebecca Rd.	1.0	S	167°	276m
12:46 PM	116.9	(In London) Turn right (West) on Robin's Hill Rd.	5.6	WSW	247°	281m
12:52 PM	119.7	Veer right (West) onto Huron St.	2.9	W	249°	275m
12:56 PM	121.5	Turn left (South) on Sorrel Rd.	1.8	S	163°	272m
12:58 PM	122.3	Turn right (West) on Cheapside St.	0.8	WSW	239°	268m
1:08 PM	127.2	Turn left (South) on Colbourne St.	4.8	S	159°	254m
1:11 PM	128.9	Turn right (West) on Dufferin Ave.	1.7	W	248°	259m
1:12 PM	129.4	Turn right (North) on Wellington St.	0.5	NNW	338°	269m
<b>1:12 PM</b>	<b>129.5</b>	<b>End at Centennial Hall</b>	0.1	NNW	338°	262m