

LCW Tour to Glencoe - 132KM



LCW Tour to Glencoe

Summary: 151.1 Kilometres - 5 Hours, 12 Minutes (at 29.0 KPH Average)

Time	# KMs	Notes	For	Direction	Elevation
8:00 AM	0.0	Start at Centennial Hall in downtown London - start by heading left (South) on Wellington St.		S 161°	262m
8:00 AM	0.1	Turn right (West) on Dufferin Ave.	0.1	W 249°	269m
8:00 AM	0.5	Turn left (South) on Richmond St.	0.4	S 176°	259m
8:01 AM	0.6	Turn right (West) on Fullerton St.	0.1	W 250°	260m
8:02 AM	1.0	Turn left (South) on Rideout St. N.	0.4	S 162°	248m
8:02 AM	1.1	Turn right (West) on Queens Ave (Riverside Dr.	0.1	WSW 229°	256m
8:16 AM	8.2	Turn left (South) on Sanitorium Rd.	7.1	W 262°	248m
8:18 AM	8.7	Turn right (West) on Commissioners Rd. W.	0.5	NW 294°	246m
8:19 AM	9.5	Turn left (South) on Grand View Ave.	0.8	SSW 190°	250m
8:22 AM	10.8	Turn right (West) on Byron Baseline Rd.	1.3	W 264°	263m
8:24 AM	12.0	Turn left (South) on Westdel Bourne	1.2	S 163°	271m
8:25 AM	12.3	Turn right (West) on Elviage Dr.	0.2	W 252°	267m
8:31 AM	15.1	Turn right (North) on Brigham Rd.	2.9	NNW 341°	252m
8:32 AM	15.6	Turn left (West) on Gideon Dr.	0.4	SSE 152°	253m
8:44 AM	21.4	(In Delaware) Turn right (West) on Hwy #2 (Longwoods Rd.)	5.8	WSW 235°	213m
8:52 AM	25.5	Turn right (North) on Mill Rd.	4.1	NNW 338°	240m
8:56 AM	27.1	Turn left (West) on Irish Dr.	1.6	WSW 226°	239m
9:08 AM	33.2	Turn right (North) on Sutherland Rd.	6.1	NNW 315°	236m
9:11 AM	34.5	Turn left (West) on Parkhouse Dr.	1.4	NNE 10°	239m
9:51 AM	54.0	Turn right (North) on Main St. (Dundonald Rd.)	19.5	NNW 316°	223m
9:54 AM	55.4	(In Glencoe) Stop at the restaurant for brunch, then leave heading North on Main St.	1.4	NW 313°	223m
10:57 AM	64.2	Veer right (North) on Conservation Rd.	8.8	NW 294°	221m
10:59 AM	65.1	Turn right (East) on Calvert Dr.	0.8	ENE 45°	221m
11:43 AM	86.3	(In Strathroy) Continue East across Hwy#81 (Adelaide Rd.)	21.2	ENE 45°	233m
11:59 AM	94.1	(In Hickory Corner) Turn right (South) on Amiens Rd.	7.9	SE 135°	243m
12:01 PM	95.0	Turn left (East) on Ilderton Rd.	0.9	SSE 148°	243m
12:06 PM	97.5	(In Poplar Hill) Continue East across Poplar Hill Rd.	2.4	NNW 318°	248m
12:10 PM	99.4	(In Coldstream)	1.9	ENE 64°	248m
12:26 PM	107.1	(In Vanneck) Turn right (South) on Vanneck Rd.	7.7	S 159°	272m
12:38 PM	112.7	(In Middlesex Centre) Turn left (East) on Medway Rd.	5.6	E 68°	279m
12:53 PM	120.0	(In London) Turn right (South) on Wonderland Rd. N.	7.2	S 160°	280m
1:04 PM	125.5	Turn left (East) on Sarnia Rd.	5.6	E 69°	278m
1:08 PM	127.5	Turn right (South) on Western Rd.	2.0	S 176°	249m
1:13 PM	129.5	Turn left (East) on Blackfriars St.	2.1	ESE 93°	236m
1:17 PM	131.8	End at Centennial Hall	2.3	S 158°	256m
12:35 PM	111.2	Turn left (South) on Rebecca Rd.	1.0	S 167°	276m
12:46 PM	116.9	(In London) Turn right (West) on Robin's Hill Rd.	5.6	WSW 247°	281m
12:52 PM	119.7	Veer right (West) onto Huron St.	2.9	W 249°	275m
12:56 PM	121.5	Turn left (South) on Sorrel Rd.	1.8	S 163°	272m
12:58 PM	122.3	Turn right (West) on Cheapside St.	0.8	WSW 239°	268m
1:08 PM	127.2	Turn left (South) on Colbourne St.	4.8	S 159°	254m
1:11 PM	128.9	Turn right (West) on Dufferin Ave.	1.7	W 248°	259m
1:12 PM	129.4	Turn right (North) on Wellington St.	0.5	NNW 338°	269m
1:12 PM	129.5	End at Centennial Hall	0.1	NNW 338°	262m